

PSHE Progression of Skills and Knowledge (KS1)

Skill	EYFS	Year 1	Year 2
1. Developing good relationships and respecting the differences between people.	<p>Children can explain different ways that family and friends should care for one another (for example telling a friend that they like them, showing concern for a family member who is unwell).</p> <p>Children recognise what is fair/unfair, kind/unkind, right/wrong.</p> <p>The difference between secrets and surprises and the importance of not keeping adults' secrets, only surprise.</p> <p>Children understand what kind of physical contact is acceptable, comfortable, unacceptable, uncomfortable and how to respond to unsafe touch (including who to tell and how to tell).</p> <p>That people's bodies and feelings can be hurt.</p>	<p>To understand the roles of different people.</p> <p>To understand different families.</p> <p>To know how to care for others and recognise when someone cares.</p> <p>To recognise privacy.</p> <p>To know ways to stay safe.</p> <p>To know that you must seek permission for certain things.</p> <p>To understand how our behaviour affects others.</p> <p>To know ways of being polite and respectful.</p>	<p>To know ways of making friends.</p> <p>To understand the feeling of loneliness and how to get help.</p> <p>To know how to manage secrets.</p> <p>To know strategies of resisting pressure and getting help.</p> <p>To recognise hurtful behaviour.</p> <p>To recognise when you have things in common and differences.</p> <p>To know ways of playing and working cooperatively.</p> <p>To share opinions.</p>
2. Living in the wider world and being a responsible person.	<p>Children can demonstrate how to contribute to the life of the classroom.</p> <p>Children can construct and agree to follow group and class rules and understand how these help them.</p> <p>They understand people and other living things have needs and that they have responsibilities to meet them (taking turns, share return things that have been borrowed).</p>	<p>To know what rules are and why we have them.</p> <p>To know how to care for others' needs.</p> <p>To understand how to look after the environment.</p> <p>To use the internet and digital devices including communicating online.</p> <p>To recognise strengths and interests.</p> <p>To know about jobs in the community.</p>	<p>To understand belonging to a group.</p> <p>To know about roles and responsibilities.</p> <p>To recognise being the same and different in the community.</p> <p>To understand the internet in everyday life; online content and information.</p> <p>To know what money is.</p> <p>To know the difference between needs and wants.</p> <p>To know how to look after money.</p>

3.Developing a healthy, safer lifestyle.	<p>Children can explain ways of keeping clean (for example by washing their hands and keeping their hair tidy) and they can name the main parts of the body.</p> <p>They can explain that people grow from young to old. Children can talk about good and not so good feelings, creating a vocabulary to describe their feelings to others and simple strategies for managing these.</p> <p>They can talk about change and loss and the associated feelings (moving house, losing toys).</p>	<p>To know ways of keeping healthy including food and exercise, hygiene routines and sun safety.</p> <p>To recognise what makes us unique and special.</p> <p>To understand different feelings and learn how to manage when things go wrong.</p> <p>To know how rules and age restrictions help us.</p> <p>To know ways of keeping safe online.</p>	<p>To know why sleep is important.</p> <p>To know about medicines and keeping healthy.</p> <p>To understand oral hygiene.</p> <p>To know ways of managing feelings and asking for help.</p> <p>To understand how we grow older including naming body parts and moving class or year.</p> <p>To understand safety in different environments including risk and safety at home and how to deal with emergencies.</p>
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